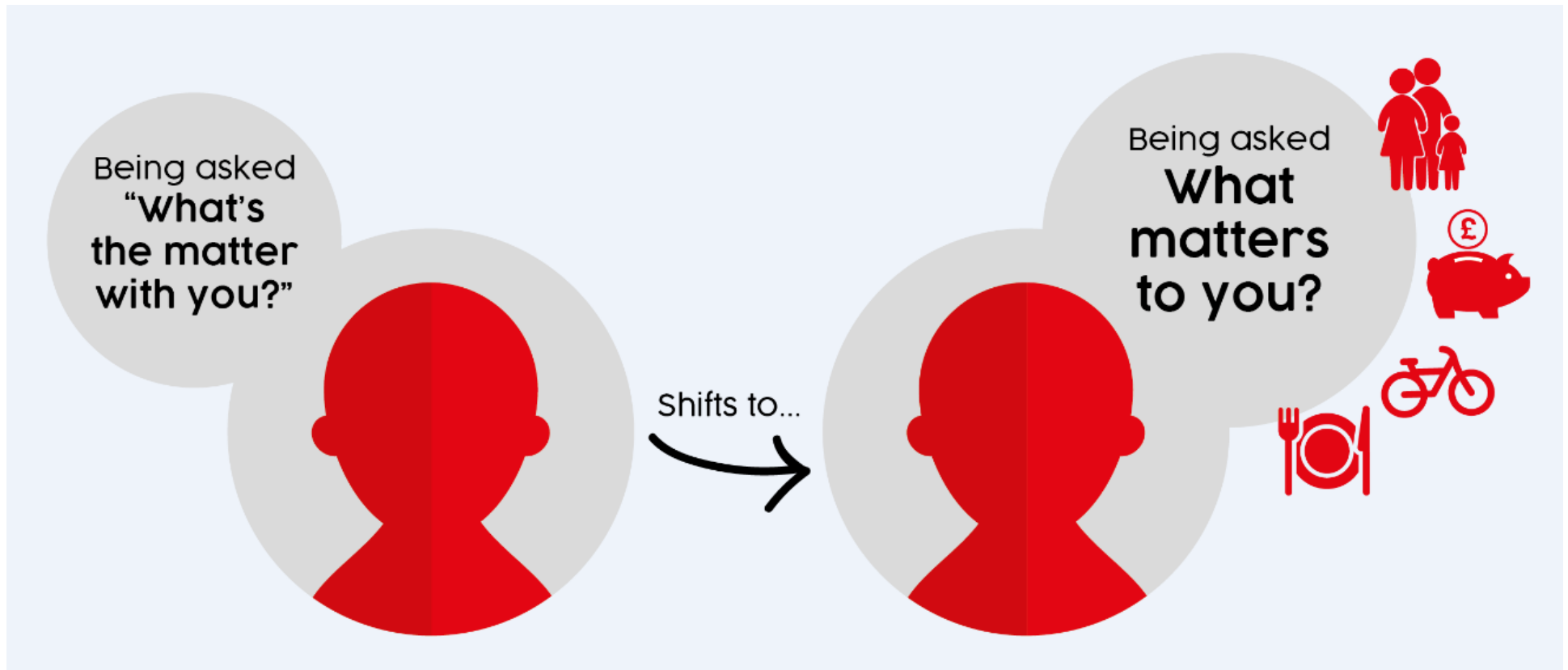


Chorley Council Social Prescribing Service Evaluation Overview

Chorley Public Service Reform Executive

Date 08.12.2020

Changing approach...



Aims & Objectives

As part of the initial proposal, the aim of the service model was to include (not exclusively) people:

- With one or more long-term condition;
- Who need support with their mental health;
- Who are lonely or isolated;
- Who have complex social needs which affect their wellbeing;
- Who are struggling with children/family life;
- Who have relatives struggling with mental health issues; and
- Who need help with diet and exercise.

Objectives included:

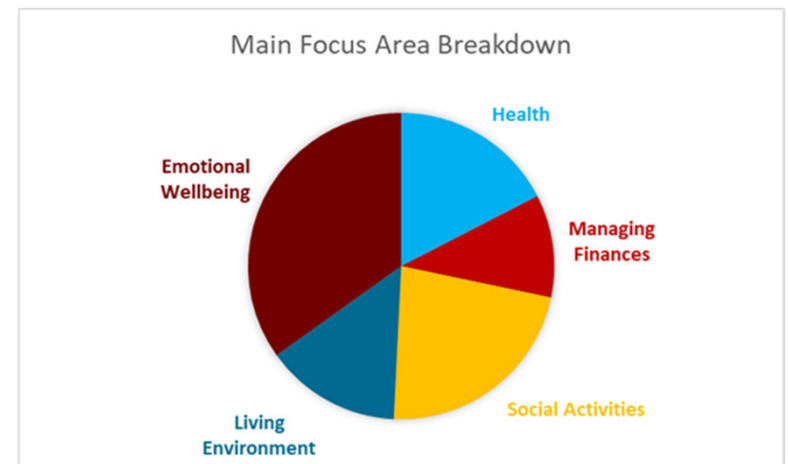
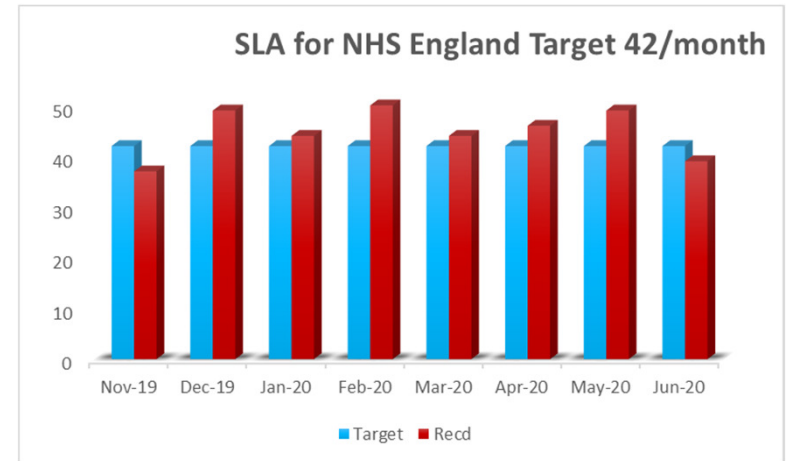
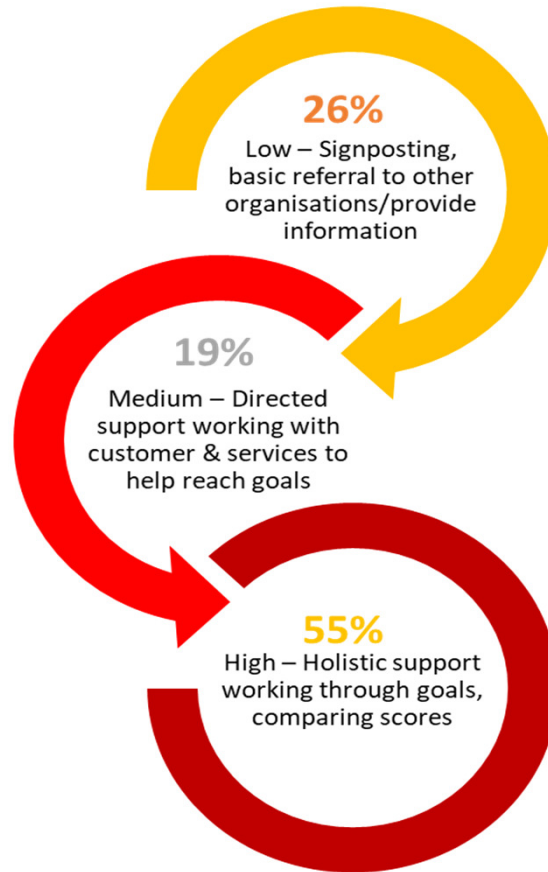
- Working with VCFS, public, health and private sectors to understand local offer;
- Work in partnership to raise awareness of social prescribing to reduce pressure on statutory services;
- Ensure that the offer meets the population need
- Identify barriers and gaps in provision;
- Provide tool for individuals to help them take control of their wellbeing;
- Recognise different needs of PCNs;
- Have robust processes in place to be able to track outcomes;
- Encourage people to recognize own strengths and assets.

Impact on Public Services

62%
of cases involved
health coaching
support



4.7% of
cases actively
managed related
purely to health
issues



Costs in System

Case Overview

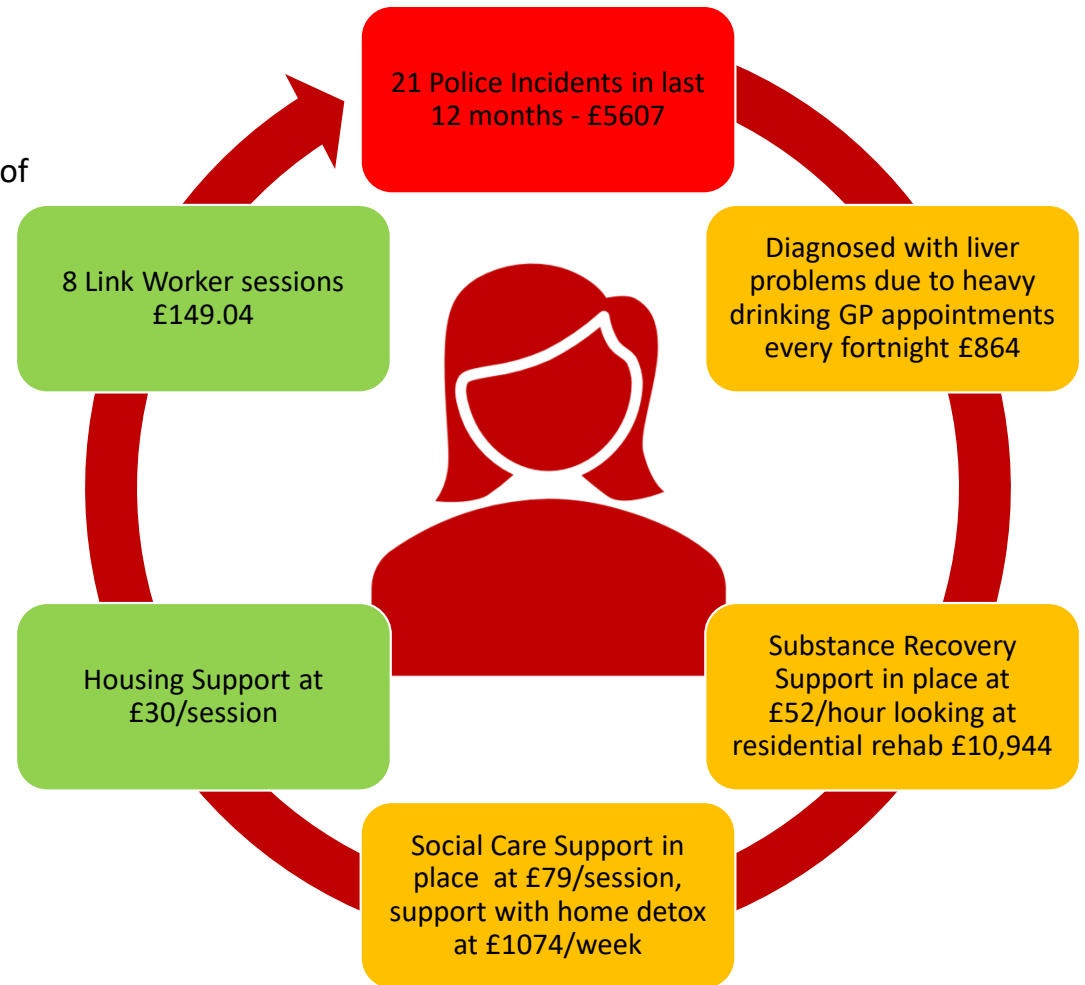
Female with low level mental health, subject to domestic violence, full time carer. Due to levels of alcohol intake numerous ASB incidents where police called, and lost custody of younger children. Rehab being considered so potential costs around £17,781

Case referred to social prescribing from Community Hub, support given:

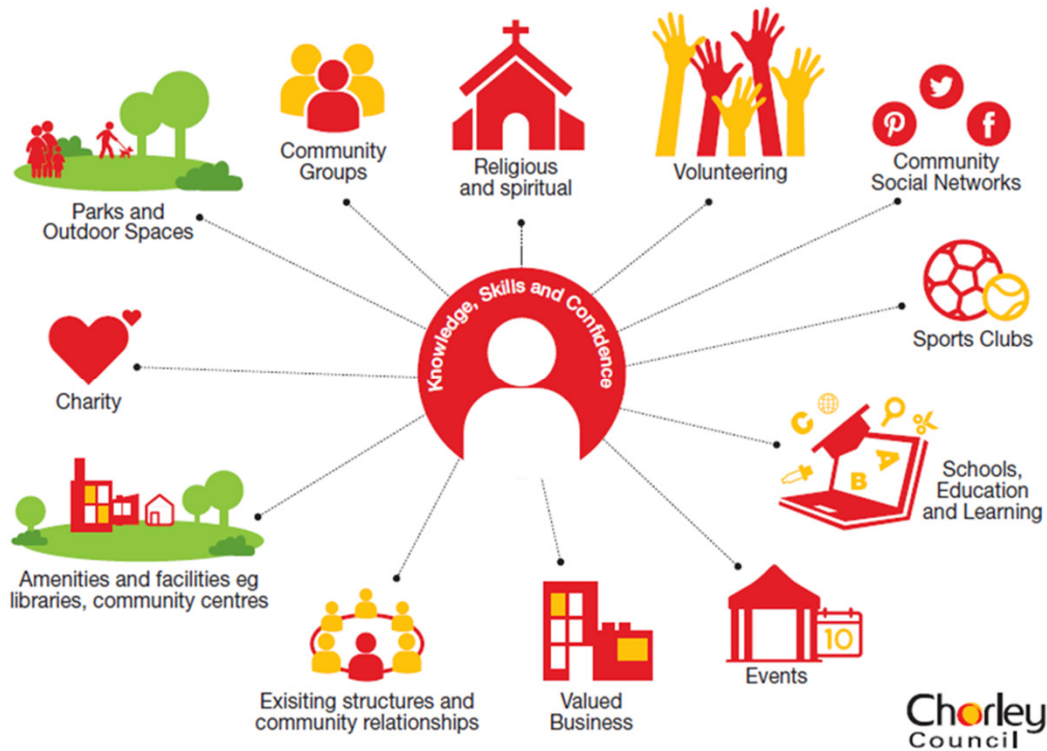
- Health Coaching
- Looked at barriers around detox options
- Housing Support
- Encouraged to apply for a job

Outcomes

- Feels much better from having support
- Reduced levels of alcohol intake
- Reduced reliance on sleeping pills
- Lower anxiety levels re care support
- No rehab required as been able to refrain from alcohol (saving of £10,944), and savings on police call outs, saving (estimate £4065.07)

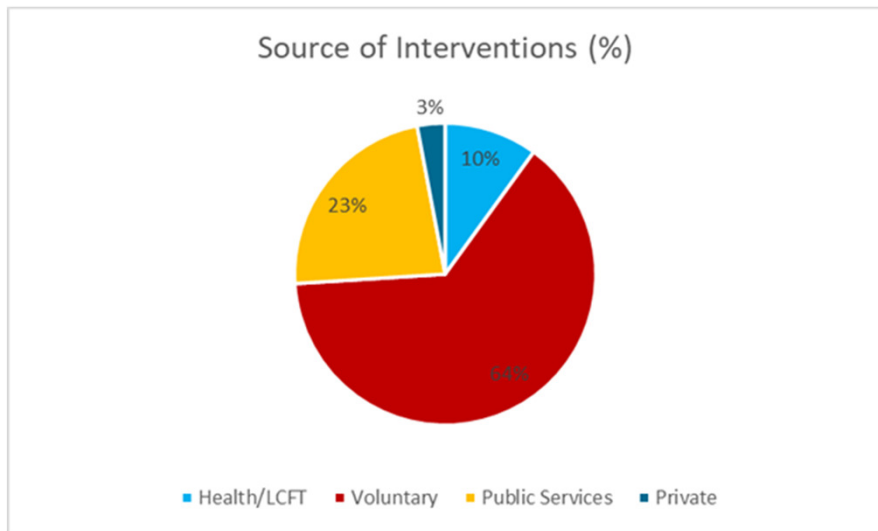


Impact on Community



34% of people feel less anxious following support

Level of Community Support on interventions **64%**



Impact on our Customers

83%
advised that they
are better able to
manage
independently

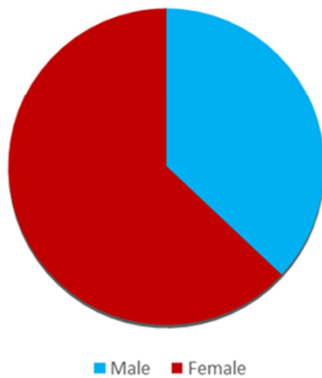
29%
advised that they
are less likely to
see the GP

88%
advised when
they have a
problem they are
more able to talk
about it

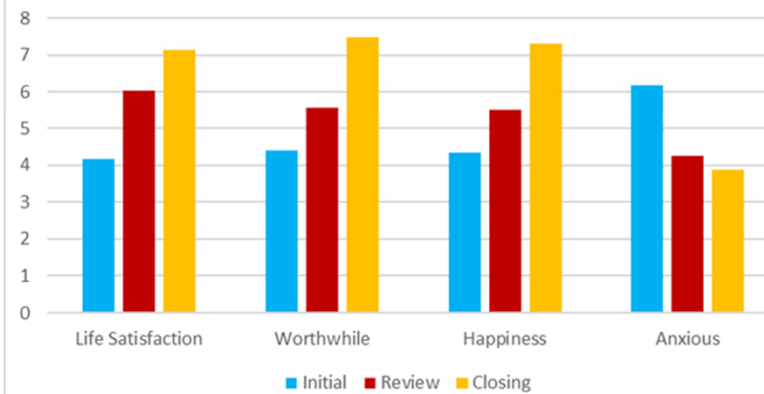
96%
better
understood the
services available
to them

Social Prescribing Service is really helpful in many ways, helpful for advice, listening, with things I can join and services that can help me. It has stopped my loneliness as I have people to talk with now, I do not feel alone.

Gender Breakdown%



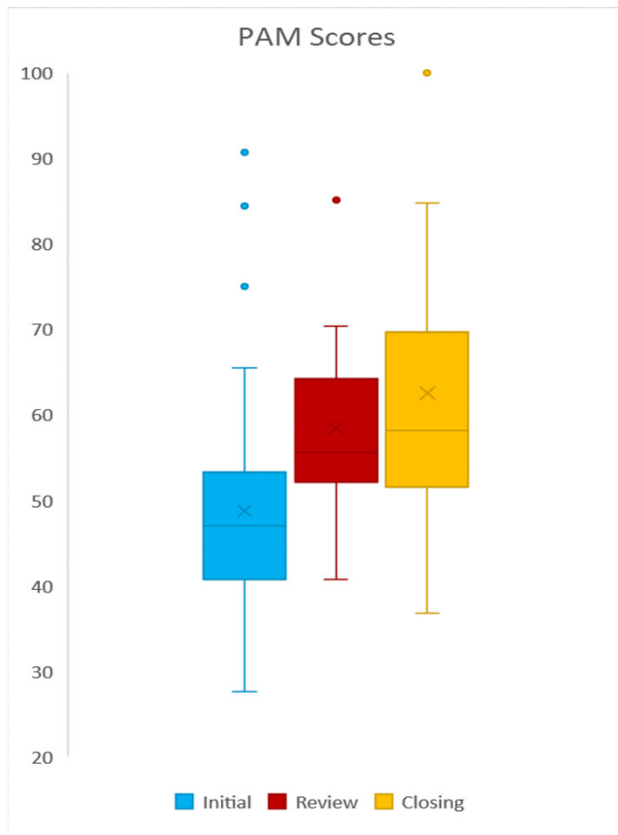
ONS4 Wellbeing



84%
of non-clinical
cases required
support linked to
COVID-19

33% of
cases referred
involved people
feeling lonely

Impact on Health



9 Cases moved from Level 1 to Level 3



Being at Level 1 means:
62% more likely to have an avoidable hospital admission and;



151% more likely to develop a new chronic condition within 2 years

14 people moved from Level 2 to Level 3



Being at Level Two means:
44% more likely to have an avoidable hospital admission



51% more likely to develop a new chronic condition within 2 years.

88% of cases scored on PAM showed improvement

Learning

- Social Prescribing is a key part of a locality-based system
- Not all issues found in health are health related
- Health coaching skills are transferrable to non-clinical settings
- Measures help show improvements achieved
- No-one can do things alone – we all need to work across sectors to manage demand
- Creativity is key to managing shifting provisions
- Small interventions can make a big difference
- Need to raise awareness of the service
- Take opportunities to celebrate customer Journeys

Next Steps

- The NHS Funding is in place for 5 years to support social prescribing.
- Chorley Council Social Prescribing service has been extended up to March 2022, subject to review and match funding from Chorley Council
- Recruitment of additional SP roles with both PCNs
- Support taking forward Community Resilience Recovery Plan
- Develop Shared Local Plan for Social Prescribing – focus on co-horts
- Represent at ICS Lancs & SC Social Prescribing Collaborative